My Dream Journal

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Thank you for reading this work.

Destiny S. Harris

My Dream Journal

Dreams become a reality after being written down to the most intricate and minute detail.

This workbook provides a safe space for you to document all of your beautiful dreams and ideas; it also creates a reliable place for you to review and edit your dreams consistently. Moreover, this book serves as an accountability partner to ensure you actively work on all of your ideas and dreams to make them become your reality. If you have a dream, it doesn't have to stay *just* a dream. Help your dreams come alive by practicing writing them down.

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My Dream Journal

Dream 1

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 2

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 3

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 4

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 5

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 6

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 7

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 8

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 9

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 10

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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5. _____

Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 11

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 12

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 13

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 14

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 15

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 16

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 17

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 18

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 19

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 20

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 21

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 22

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 23

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 24

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 25

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 26

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 27

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 28

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 29

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 30

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 31

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 32

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 33

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 34

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 35

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 36

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 37

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 38

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 39

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 40

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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2. _____

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15. _____

Goal Completion Date: _____

Dream 41

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 42

_____

Description:

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_____
_____
_____
_____

Why I want this dream to become my reality:

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_____
_____
_____
_____

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 43

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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15. _____

Goal Completion Date: _____

Dream 44

_____

Description:

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_____
_____
_____
_____

Why I want this dream to become my reality:

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_____
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_____

Benefits of accomplishing this dream:

1. _____

2. _____

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4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 45

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 46

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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12. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 47

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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Goal Completion Date: _____

Dream 48

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Description:

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_____
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Why I want this dream to become my reality:

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_____

Benefits of accomplishing this dream:

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2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 49

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Description:

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Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

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2. _____

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4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 50

_____

Description:

_____
_____
_____
_____
_____

Why I want this dream to become my reality:

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_____
_____
_____
_____

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 51

_____

Description:

_____
_____
_____
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_____

Why I want this dream to become my reality:

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_____
_____
_____

Benefits of accomplishing this dream:

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2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 52

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 53

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 54

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

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12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 55

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 56

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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12. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 57

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 58

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 59

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Description:

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Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

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5. _____

Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 60

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Description:

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Why I want this dream to become my reality:

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Benefits of accomplishing this dream:

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4. _____

5. _____

Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 61

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

1. _____

2. _____

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15. _____

Goal Completion Date: _____

Dream 62

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Description:

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_____
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Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

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2. _____

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5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 63

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 64

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Description:

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_____
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_____

Why I want this dream to become my reality:

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_____

Benefits of accomplishing this dream:

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5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 65

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 66

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 67

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 68

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 69

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 70

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

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5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 71

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 72

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Description:

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_____
_____
_____

Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

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5. _____

Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 73

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

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15. _____

Goal Completion Date: _____

Dream 74

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 75

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

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4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

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Goal Completion Date: _____

Dream 76

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

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15. _____

Goal Completion Date: _____

Dream 77

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

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Goal Completion Date: _____

Dream 78

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 79

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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15. _____

Goal Completion Date: _____

Dream 80

_____

Description:

_____
_____
_____
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_____

Why I want this dream to become my reality:

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_____
_____
_____
_____

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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Goal Completion Date: _____

Dream 81

_____

Description:

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_____
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_____

Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

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3. _____

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5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 82

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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15. _____

Goal Completion Date: _____

Dream 83

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 84

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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12. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 85

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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15. _____

Goal Completion Date: _____

Dream 86

_____

Description:

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Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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14. _____

15. _____

Goal Completion Date: _____

Dream 87

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 88

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

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11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 89

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

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14. _____

15. _____

Goal Completion Date: _____

Dream 90

_____

Description:

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_____
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_____

Why I want this dream to become my reality:

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_____
_____

Benefits of accomplishing this dream:

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3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

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15. _____

Goal Completion Date: _____

Dream 91

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 92

_____

Description:

_____
_____
_____
_____
_____

Why I want this dream to become my reality:

_____
_____
_____
_____
_____

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 93

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 94

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 95

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 96

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 97

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 98

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 99

Description:

Why I want this dream to become my reality:

Benefits of accomplishing this dream:

1.

2.

3.

4.

5.

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____

Dream 100

_____

Description:

_____
_____
_____
_____
_____

Why I want this dream to become my reality:

_____
_____
_____
_____
_____

Benefits of accomplishing this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

Actionable steps to accomplish this dream:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

Goal Completion Date: _____